



## PLANNING FOR DIGNITY

### How does the Planning for Dignity Program work?

The **SOLUTIONS FOR DIGNITY, *Planning for Dignity Program*** involves three interactive education sessions with your client and or their families:

#### **First, Defining Dignity – Pre-Retirement Session 1** (3.5 hours of Content)

- Planning Education: What is Long Term Care for Seniors & Families
- Five Wishes Program education
- **Homework:** How do you envision your golden years
- Life Resource Questionnaire

#### **Second, Defining Dignity – Pre-Retirement Session 2** (2.5 hours) 2-4 weeks after Session 1

- Individual or couple planning meeting with advisors or legal representation
- **Review:** Age in Place with a plan and Life Resource Questionnaire, if with couple talks about individual
- Complete Five Wishes Document for the living will.
- **Homework:** What does Dignity mean to you?

#### **Third, Defining Dignity – Pre-Retirement Session 3** (2.5 hours per meeting) 4-6 weeks after Session 2

- **Review:** What does Dignity mean to you? In depth discussion
- Schedule videotaping to preserve their wishes for family and friends if client desires

If you are interested in learning more about the **SOLUTIONS FOR DIGNITY, *Planning for Dignity Program***, please contact us at **(855) 456-7972**.