

A blurred photograph of a large group of people, likely at a community event or conference, looking towards the front of the room. The image is out of focus, emphasizing the collective nature of the program.

PLANNING FOR DIGNITY

How does the Planning for Dignity Program work?

The **SOLUTIONS FOR DIGNITY, *Planning for Dignity Program*** involves three interactive education sessions with your client and or their families:

First, Defining Dignity – Pre-Retirement Session 1 (3.5 hours of Content)

- Planning Education: What is Long Term Care for Seniors & Families
- Five Wishes Program education
- **Homework:** How do you envision your golden years
- Life Resource Questionnaire

Second, Defining Dignity – Pre-Retirement Session 2 (2.5 hours) 2-4 weeks after Session 1

- Individual or couple planning meeting with advisors or legal representation
- **Review:** Age in Place with a plan and Life Resource Questionnaire, if with couple talks about individual
- Complete Five Wishes Document for the living will.
- **Homework:** What does Dignity mean to you?

Third, Defining Dignity – Pre-Retirement Session 3 (2.5 hours per meeting) 4-6 weeks after Session 2

- **Review:** What does Dignity mean to you? In depth discussion
- Schedule videotaping to preserve their wishes for family and friends if client desires

If you are interested in learning more about the **SOLUTIONS FOR DIGNITY, *Planning for Dignity Program***, please contact us at (855) 456-7972.